

1 st Semester		2 nd Semester		3 rd Semester		4 th Semester		5 th Semester		6 th Semester	
ECTS		ECTS		ECTS		ECTS		ECTS		ECTS	
Basic Modules		Basic Modules		Basic Modules		Mandatory Modules		Electives (1 out of 2)		Final Thesis	
Basics of Health Sciences	5	Disease Prevention and Health Promotion	5	Framework Conditions, Organisations and Quality in Fitness and	5	Prevention and Therapy of internistic clinical Diseases	5	Semester Abroad	30	Bachelor Thesis Kolloquium	3
Practical Training in Sport and Exercise: Individual Sports	5	Practical Training in Sport and Exercise: Sports Games	5	Practical Training in Sport and Exercise: Strength and Endurance	5	Prevention and Therapy of orthopaedic clinical Diseases	5	Internship Semester	30	Bachelor Thesis	12
Communication in Sports	5	Methods and Statistics in Sports	5	Diversity and Teams in Sports	5	Health Promotion and Fitness Management in selected Settings	5				
Sports Pedagogy	5	Sports Sociology and Sports Management	5	Technology and Innovations in Sports	5	Practice Project Fitness and Health	5				
Training Science Basics	5	Concepts of Training Methodology	5	Training and Target Groups	5	Training and Methods	5				
Introduction to Sports Anatomy and Sports Medicine	5	Biomechanics and Orthopaedics	5	Sports Psychology	5	Nutrition and Recovery	5				
Practical Experience											
Internship										15	
Total: 180 ECTS											

	Theorie und Grundlagen
	Pflichtfach
	Wahlpflichtmodule
	Elective courses